



LEMON AND HERB COOKIES

ALLERGIES:

No grains
No dairy
No eggs
No gluten
Low disaccharides

Prep time: 5 mins

Cook time: 7-10 mins

Serves: 12-15 cookies



INGREDIENTS

- 2 cups almond flour
- 3 tablespoons coconut oil
- 1 heaped tbsp almond butter
- 3 tbsp honey
- 1/2 tsp baking soda
- 1/4 tsp salt
- 2 tbsp chopped basil or coriander
- 1 whole lemon, seeds removed, include peel

METHOD

- Preheat oven to 180°C
- Blend all ingredients in mixer until well combined.
- Roll tablespoons of mixture into balls, and place on lined oven tray.
- Press with a fork to flatten.
- Bake for 7-10 mins., remove from oven and cool on wire rack.
- Store in airtight container in fridge.
- Cookies can be chewy, or cooked longer for crunchier ones.