



ALLERGIES:

No grains
No dairy
No eggs
No gluten
No nuts
Low disaccharides

Prep time: 10 mins

Cook time: 10 mins

Serves: 6

INGREDIENTS

- 1 bunch rhubarb, cut into 2cm pieces
- 1 cup frozen or fresh blueberries
- 2 tsp peeled and grated ginger
- 2 tbsp natvia
- Juice of 1/2 lime (or lemon)
- 1 tbsp water

METHOD

- Mix all ingredients together in a saucepan.
- Bring to the boil, and simmer for 10 minutes, stirring frequently.
- Once rhubarb has started to break up, pour into serving dishes.
- Serve with coconut yoghurt or my [vanilla custard](#) or my [coconut yoghurt](#)

RHUBARB AND BLUEBERRIES

