



LIME MOUSSE

ALLERGIES:

No grains
No dairy
No eggs
No gluten
No nuts

Prep time: 5 mins

Fridge time: 30 mins

Serves: 4



INGREDIENTS

- 2 ripe bananas
- 2 ripe avocados
- 200mls lemon juice
- 200mls lime juice
- 1 cup dextrose powder
- Pinch pink salt
- 1 cup coconut yoghurt, natural
- Grated peel of one lime
- Grated peel of one lemon
- Thinly peeled strips of lemon and lime peel, thinly sliced

METHOD

- Place all ingredients except peel strips, into blender and blend until smooth.
- Pour into dishes and refrigerate until cool and thickened.
- Serve with thin slices of peel on top.