



ALLERGIES:

No grains
No dairy
No eggs
No gluten
No nuts

Prep time: 10 mins

Cook time: Nil

Serves: 16 balls

INGREDIENTS

- 200g Medjool dates, pitted
- 200g desiccated coconut
- 30g cacao powder
- 50g coconut oil
- 1 1/2 tsp peppermint essence

RAW PEPPERMINT CHOCOLATE BALLS



METHOD

- In a food processor, pulse coconut and cacao.
- Add dates, coconut oil and peppermint oil and blend until smooth.
- Roll into walnut size balls and refrigerate.
- Ready after 2 hours.
- NOTE: I keep mine in the freezer as they don't freeze very hard.