



ALLERGIES:

No grains
No dairy
No eggs
No gluten
No nuts

Prep time: 10 mins

Cook time: Nil

Serves: 4

INGREDIENTS

- 3 medium tomatoes, thinly sliced
- 1 medium red onion, thinly sliced
- 2 tbsp coriander, finely sliced
- 1 tbsp balsamic vinegar
- 1 tbsp olive oil
- 1 tbsp honey (or natvia, or sweetener)

METHOD

- In a small jug, combine vinegar, oil, honey, salt and pepper and mix well.
- Layer tomatoes and onions alternately in serving bowl.
- Pour dressing over the top, and sprinkle with coriander.
- Serve with any dish on the side.

TOMATO AND ONION SALAD

